

# COVID-19

## How Do I Clean Laundry if Someone in My Home Has COVID-19

CDC advises that households with suspected or confirmed cases of COVID – 19 follow these instructions when cleaning clothes, linens, towels, and other washable items

**Wear gloves when touching a sick person's laundry.** After each use throw disposable gloves

**Don't shake out dirty laundry.** The virus could potentially spread through the air

**You can wash a sick person's laundry with other items.** Use the warmest water settings if possible, then dry items completely

**Keep your hands clean.** Wash hands immediately after taking off gloves. If you're not using gloves when handling dirty laundry, properly wash hands

**Keep hampers clean.** Clean and disinfect hampers after putting laundry in the washer. Consider lining hampers with a disposable bag

